



Institutes for Learning and Development

ILD Summer 2021: In-person and remote learning options



Institutes for Learning and Development
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www.ildlex.org, www.researchchild.org, www.smarts-ef.org

Welcome to ILD and ResearchILD

Creating Pathways to Success for All Learners

Co-founded in 1985 by Dr. Lynn Meltzer, ILD is dedicated to transforming the lives of all students, especially those with attention and learning challenges. We translate the research findings from ResearchILD into teaching practices that help students to become strategic learners and to find their unique pathways to success.

ILD Services

- Neuropsychological and Educational Assessments
- Educational Therapy
- Speech, Language and Reading Services
- Executive Function Coaching
- Standardized Test Preparation
- College Essay Writing
- College Prep/College Support
- Parent Support/Coaching

ResearchILD

SMARTS CAN IMPACT YOUR CHILD'S LEARNING THIS SUMMER!

SMARTS: ResearchILD's flagship, research-based, executive function strategy curriculum is the foundation for all of our hands-on summer program offerings, most particularly, for our Master Your Mind courses for students in high school and middle school.

SMARTS is an acronym for Strategies, Motivation, Awareness, Resilience, Talent, and Success—the building blocks for academic and life success. It is currently taught in over one thousand classrooms across the United States and in 21 countries.



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Some courses will be taught remotely, others will be in-person, or tbd, so please check individual course details.

For more information contact:

Donna Kincaid, M.Ed.

Assistant Director, Institutes for Learning and Development

dkincaid@ildlex.org

781-861-3711 x111

Master Your Mind: The SMARTS Way

Master Your Mind The Smarts Way courses offer developmentally appropriate and interactive, hands-on instruction for middle and high school students in the following executive function areas:

Self-understanding
Goal setting
Time management
Remembering

Flexible thinking
Organization and planning
Active reading and note-taking
Studying and test-taking

Middle school: Remote, 6 hour course, July 19, 21, 23, 26, 28, 30
M-W-F 10:00-11:00 AM
Class size: 8 students

Middle school: In-person*, 10 hour course, August 9, 10, 11, 12
M-Thurs, 9:30 AM-12:00 PM
Class size:10 students

High school: In-person,* 10 hour course, August 16,17,18,19
M-Thurs, 9:30 AM-12:00 PM
Class size:10 students, for students entering grades 9-11



"What the Master Your Mind course did for my daughter is beyond amazing. You have helped my daughter so much. You have given her both strategies and confidence. What you do at ILD is just so incredible. I really cannot thank you enough."-parent of 11th grade student

FEES:

Middle School, remote: \$395, \$355 early bird rate through 5/28

Middle School, in-person: \$770, \$730 early bird rate through 5/28

High School, in-person: \$770, \$730 early bird rate through 5/28

*In-person classes will follow CDC guidelines for social distancing and mask-wearing.

Contact: Donna Kincaid: dkincaid@ildlex.org

Catch the Perfect Wave this Summer: Read!

Grades 4-7: Location: TBD, may be remote or in-person.

Tuesdays, June 29, July 6, 13, 27 (*no class July 20).

5:30-6:30 PM



Through a small, book-group format, students will:

- Vote on a book for the group to read
- Receive a personal copy of the selected book
- Find out about the author
- Sharpen their executive function skills
- Learn a variety of active reading strategies
- Discover how to make assigned reading manageable
- Explore ways to enjoy reading through engaging activities

FEE: \$370, \$330 early bird rate through 5/28

Contact: Wendy Stacey: wstacey@ildlex.org

Summer Bundle pricing is back! Pre-pay and Save on our Educational Services

These strategic skill-building sessions for all ages will enable students to enter the next grade more confident and better prepared. Over the summer, each student will meet with his/her educational therapist one or more times per week for a total of 8-12 sessions. Our specialists are Master's degree level clinicians who have experience in meeting the needs of students with diverse learning profiles.

Students can learn and practice strategies to improve basic skills and build executive function processes.

- Reading: specialized instruction in decoding, fluency, comprehension (e.g., OG, Wilson, LiPS, Project Read)
- Writing: structured and/or creative writing
- Math: fill in gaps, fluency, curriculum preview for next year
- Summer course work: reading, projects, research
- Test prep: SAT, ACT, SSAT, ISEE
- College prep: Common App essays, study skills
- Executive Function: Time management, organization, test-taking



"Summer sessions at ILD contributed to my daughter's overall confidence in dealing with academic challenges in September. The consistent weekly sessions provided a framework for her accountability and ultimately, her success."

-Parent of 10th grader

WHO: For all new and returning students

WHEN: June 21 through Sept. 3, 2021
Flexible scheduling with camps and vacations in mind.
Please note: Sessions cannot be extended into the fall.

WHERE: Online or in-person at our office, 4 Militia Drive, Suite 20, Lexington, MA (depending on CDC guidelines).

Special summer bundle pricing:

12 sessions for the price of 10 (\$1780)

8 sessions for the price of 7 (\$1246)

REGISTRATION INFORMATION:

For more information, call Joan Steinberg at 781-861-3711, ext. 110, or email jsteinberg@ildlex.org. Students will be registered on a first come, first served basis.

Educational therapists' schedules fill up fast, so register early!



Individualized College Boot Camp

4-session package by appointment only; scheduled anytime throughout the summer. Students can choose either 4 (1 hour sessions) or 2 (2 hour sessions). Remote or in-person option.

This 4-hour boot camp is for college-bound students and current college students who would benefit from learning how to set goals, manage their time, prioritize assignments, start and complete tasks, and sustain effort and motivation throughout a semester. Depending on individual goals, students will select from the following areas of concentration:

- Understand the differences between high school and college
- Learn to create and stick to a work schedule
- Identify work or "production" time
- Practice how to unpack a syllabus and keep track of assignments and deadlines
- Discuss how to set clear goals for academic success
- Study for tests strategically
- Explore reading and note taking strategies
- Determine how to access professors, tutors, peers, and academic support services
- Navigate their college's website
- Learn strategies for managing stress



Students are required to bring their own laptop or tablet to class.

FEE: \$630 for package of 4 sessions, **\$600 early bird rate through 5/28**

Contact Donna Kincaid: dkincaid@ildlex.org

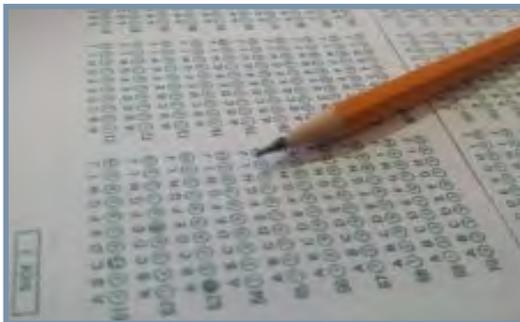
5-Star Test-Taking: SSAT/ISEE

Thursdays from September 23 - December 2, 6:00-7:00pm

While some schools are test-optional, others still require standardized tests, so let's help students optimize their strengths!

In this small class, students will learn five essential strategies to help them navigate safely through the murky waters of standardized testing. Using specific examples from the SSAT/ISEE, participants will practice these strategies and apply them directly to each section of the test.

Students will leave with personalized strategy binders to help them unlock the strategies they need for taking tests, building vocabulary and improving reading comprehension.



FEE: \$770 Fee (includes materials), \$730 early bird rate through 5/28

Contact: Wendy Stacey: wstacey@ildlex.org

ILD Assessment Services

Would your child benefit from testing or updated testing?

For over thirty years, our skilled clinicians have evaluated and worked directly with children, adolescents, and adults with complex learning profiles including:

- ADHD
- Executive function difficulties
- Dyslexia
- Learning disorders
- Speech/Language and communication disorders
- High Functioning ASD

There are new challenges and obstacles that students with learning and attention differences face at every stage of life. This past year of distance learning may have highlighted some of the following difficulties:

- Keeping up with increased academic demands independently
- Managing homework
- Reading and writing
- Finishing tests on time
- Working at the level of one's potential

A new or updated evaluation will help you and your child to gain a better understanding of his/her learning profile, and to receive practical recommendations for increased academic success.

"Thank you for your help. The testing and the follow up conference were an enormous help. You clarified many issues we were grappling with and you've given us all a good, positive path forward. I am so grateful, too, that you met with our son individually, to give him an understanding and appreciation of his strengths and also to help him understand the areas he needs to work on."-parent of 6th grade boy

For more information please contact Julie Sayer, M.A.,C.A.G.S., Licensed School Psychologist, Assistant Director of Assessment, jsayer@ildlex.org.

Now that you know us, learn more about us!

The Institute for Learning and Development is dedicated to transforming the lives of students with learning and attention differences, one student at a time.

Summer Staff

Donna Kincaid, M.Ed., *Assistant Director*

Joan Steinberg, M.Ed., *Director of Educational Therapy*

Wendy Stacey, M.S., *Director of Reading and Language*

Julie Sayer, M.A.,C.A.G.S., *Assistant Director of Assessment*

Rose Bianchi, M.A.,C.A.G.S., *Educational Specialist*

Kathy Button, M.Ed., *Educational Specialist*

Michael Greschler, Ed.M., *Director of SMARTS Program*

Jaime Guarnaccia, M.S., *Educational Specialist*

Shelly Levy, M.S., M.Ed., *Educational Specialist*

Nancy Trautman, M.A.T., *Educational Specialist*

Hannah Turner, M.S., CCC-SLP, *Educational Specialist*

