



**Added Feature this Year:  
Expanded programming for parents**

## **3rd Annual Executive Function Conference for Parents**

*Executive Function through Elementary, Middle, and High School:  
Framing Homework and Project-based Learning*

**Friday, October 25, 8:30am-2:15pm**

Hilton Garden Inn, 5 Wheeler Road, Burlington, MA

**\$225** (includes materials, lunch and free parking)

### **Key presentations from:**



Lynn Meltzer, Ph.D.,  
President and Director of the  
Institutes for Learning and Development



Christopher Willard, Psy.D.,  
Lecturer in Psychiatry,  
Harvard Medical School and author



Donna Kincaid, M.Ed.,  
Assistant Director, Director of  
Outreach and Training,  
Institutes for Learning and Develop-

This conference will support parents' understanding of:

- How EF weaknesses impact homework and project completion
- How teaching key executive function strategies of goal-setting, planning, prioritizing, time management, self-monitoring and checking are critical for independent and successful learners
- How explicit executive function instruction and mindfulness can reduce stress
- Strategies to optimize student success in completing homework and projects



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RESEARCH INSTITUTE FOR  
LEARNING & DEVELOPMENT

### 3rd Annual ResearchILD Executive Function Conference

October 25, 2019

#### Executive Function through Elementary, Middle, and High School: Framing Homework and Project-Based Learning

- 8:00-8:30 Registration/Coffee
- 8:30-8:45 Welcome and Conference Overview
- 8:45-10:00 **Ignite Success and Reduce Stress: EF Strategies that Work!**  
Lynn Meltzer, Ph.D.  
Part 1
- 10:00-10:15 Break
- 10:15-11:15 **Ignite Success and Reduce Stress: EF Strategies that Work!**  
Part 2  
Lynn Meltzer, Ph.D.
- 10:15-11:15 Parent Break-out Session 1:  
**Building Bridges from Home to School**  
ResearchILD staff
- 11:20-12:10 **Making Mindfulness Stick for Students with Executive Function Challenges**  
Chris Willard, Psy.D.
- 12:10-12:45 **Networking Lunch** with Round Table Discussions
- 12:45- 1:00 **A Successful Journey: Young Professionals Share Stories about their Learning Differences**
- 1:00-2:00 Parent Break-out Session 2:  
**Stress-less Student Projects: Strategies for Success at Home**  
ResearchILD staff
- 2:00- 2:15 Q&A/ Wrap-Up

**\*Agenda subject to change**