

Seating is limited to the first 20 registrations, so act now!

Register at: <https://bit.ly/2Bg4BKg>



Institutes for Learning and Development



2nd Annual Executive Function Conference for Parents

Executive Function Strategies: Optimizing Student Performance and Decreasing Stress

\$185 or \$210 (for optional lunch and student success stories)

ResearchILD's 9th annual Executive Function Conference will take place on **Thursday, October 18 at 33 Marrett Road, Lexington** at the Masonic Museum and Library. Every year, the conference attracts 100+ educators and school administrators from across the Northeast and beyond. The Conference agenda focuses on the key role of executive function in all aspects of academic success and draws on "real-time" experiences from classroom teachers.

Due to the high level of interest shown by parents who attended last year's half-day session, we are again offering a half-day conference especially designed for parents who wish to gain greater understanding of the role that executive function has in helping students' cope with stress and anxiety as it relates to academic performance.

Featured Presenters: Agenda details on back



Dr. Lynn Meltzer
President and Founder
Institutes for Learning
and Development and
Conference Chair



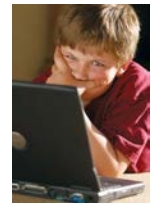
Dr. Donna Pincus
Director, Child and Adolescent Fear
and Anxiety Treatment Program, BU
Center for Anxiety & Related
Disorders



Wendy Stacey, M.S.
Director of Reading and SMARTS Teacher
Trainer Coordinator
Institutes for Learning and Development



2nd Annual ResearchILD Executive Function Conference for Parents



Executive Function Strategies: Optimizing Student Performance and Decreasing Stress

- 8:00-8:30 Registration/Coffee
- 8:30-8:45 Welcome and Conference Overview
- 8:45-10:00 **Mind over Matter: Executive Function Strategies to Ignite Success and Reduce Stress Part 1**
Lynn Meltzer, Ph.D.
- 10:00-10:15 Break
- 10:15-11:15 **Mind over Matter: Executive Function Strategies to Ignite Success and Reduce Stress Part 2**
Lynn Meltzer, Ph.D.
- 10:15-11:15 **Parent Break-out session:
EF Strategies to Help your Child Set Realistic and Achievable Goals**
Wendy Stacey, M.S.
- 11:20-12:10 **Overcoming Stress and Anxiety in School: Strategies that Support Children's Learning**
Donna Pincus, Ph.D.
- 12:10-12:50 **Networking Lunch** with Round Table Discussions
- 12:50- 1:05 **Success Stories: Young Adults Share their Stories**

Presentation of the 2018 Mimi Ballard CANDO Award for Executive Function Strategy Instruction and Advocacy to an outstanding educator.

About the Presenters:

Lynn Meltzer, Ph.D. is the President and Director of the Institutes for Learning and Development (ResearchILD and ILD) in Lexington, MA. She is an Associate in Education at the Harvard Graduate School of Education and a fellow and Past-President of the International Academy for Research in Learning Disabilities. She has been invited to speak at numerous national and international conferences and has over 35 years' experience in neuropsychological evaluations and clinical consultations with children, adolescents and adults with an emphasis on theory-to-practice cycle of knowledge. Her books include *Promoting Executive Function in the Classroom*, 2010 and the 2nd edition of her book, *Executive Function in Education: From Theory to Practice*.

Donna Pincus, Ph.D. is the Director of the Child and Adolescent Fear and Anxiety Treatment Program at the Center for Anxiety and Related Disorders at Boston University for the past 16 years. Among her many books on the topic of fear and anxiety are: *Growing Up Brave: Expert Strategies for Helping Your Child Overcome Fear, Stress, and Anxiety* and *Samantha Jane's Missing Smile: A Story for Children Who Have Lost a Parent* with J.B. Kaplow.

Wendy Stacey, M.S. is the Director of Reading at the Institutes for Learning and Development and the SMARTS Teacher Training Coordinator. She is a certified special educator, a role she has held for over 20 years. She assesses and teaches students with language-based learning disabilities and provides consultation services to public and private schools in Boston and surrounding communities.