



INSTITUTE FOR
LEARNING & DEVELOPMENT

Master your Mind

The SMARTS Way

SMARTS

Strategies, Motivation, Awareness, Resilience, Talents, and Success

Our **Master YOUR Mind** courses incorporate lessons from our research based **SMARTS** executive function curriculum. Experienced educational therapists help students become more aware of their personal learning profiles, and teach them strategies for success in school and life. The courses are organized in modules with lessons appropriate for each level, and include opportunities for partner and group activities, guided practice, and independent application. Students leave the course with personalized strategy notebooks that they can use as a resource when they return to school.

WHEN: **Students entering 8th -9th grades: August 6-10 1:00- 3:30**
Students entering 9th-12th grades: August 13-17 9:30-12:00

Middle School students (entering 6th -8th graders) August 6-10 9:30-12:00

NEW! Elementary students (entering 4th and 5th graders) August 20-23 10:00-12:00

WHERE: ILD Offices, 4 Militia Drive, Suite 20, Lexington, MA 02421

FEE: \$695 (includes all materials and binders)

REGISTRATION INFORMATION:

For more information, to check availability or to register, call Donna Kincaid at 781-861-3711, ext. 111 or email dkincaid@ildlex.org. Space is limited. Students will be registered on a first come, first served basis.

Classes fill up fast, so register early!

Students learn and practice strategies that will improve critical **executive function** skills necessary for success in school and beyond:

- Self-awareness
- Goal setting and motivation
- Organization and time management
- Long term planning
- Active reading and note taking
- Remembering
- Studying and test taking



What strategy would help me memorize these facts? What is the best way to check my work?

What do I need to plan for today and for the week ahead?

**"Master Your Mind" Course
Summer 2018 Registration Form**

Date of Registration: _____

Please check course level: ___ **High School** ___ **Middle School** ___ **Elementary**

Child's Name: _____ Date of Birth: _____ Age: _____

Grade entering in fall: _____ School: _____

Parents' Names: _____

Address: _____

Phone Numbers: Home _____ Cell _____ Work _____

E-mail address: _____

Please list any food allergies _____

How did you learn about this course? ___email ___ website ___ friend ___ professional ___ other: _____

Please indicate your session choice below.

8-9th grades: ___ August 6-10 1:00-3:30 9-12 grades ___ August 13-17 9:30-12:00

Middle School: ___ August 6-10 9:30-12

NEW! Elementary: ___ August 20-23 10:00-12:00

Cost: \$695

I am paying by: **Credit Card:** ___MC or ___Visa **Check** (made payable to ILD): _____

Card number: _____ Expiration date: _____

Please send this form and the questionnaire with your payment to:

Donna Kincaid
ILD
4 Militia Dr, Suite 20
Lexington, MA 02421

Note: Students will be registered on a first come, first served basis. A minimum of 6 students per class is required. You will be contacted once the class is formed. For more information, call 781-861-3711, ext. 111 or e-mail Donna Kincaid at dkincaid@ildlex.org.

Please answer the following questions to help us to learn more about your child.
You might be contacted for additional information about your child prior to the course.
*You may also request a parent consultation prior to the course for an additional fee.

What are your child's academic strengths?

What does your child have difficulty with in school?

Is your child receiving any services or accommodations in school or outside of school?

What are your child's extra-curricular interests?

Is there anything else you would like to tell us about your child?
