



# Master your Mind

## The SMARTS Way

*Pathways to Success for all Learners*

### SMARTS Strategies, Motivation, Awareness, Resilience, Talents, and Success

The **Master YOUR Mind** courses for 7<sup>th</sup> -12<sup>th</sup> graders are back by popular demand. These hands-on courses incorporate our research based **SMARTS** executive function curriculum. In these courses, taught by experienced educational therapists, students will have the opportunity for guided practice, group activities, and independent work. They will leave with their own personalized strategy notebooks that they can use as a resource when they return to school.

**WHO:** Students entering grades 7– 12

**WHEN: High School students:** August 14-18 1:00-3:30

**OR**

August 21-25 9:30-12:00

**Middle School students:** August 14- 18 9:30-12:00

**WHERE:** ILD Offices

4 Militia Drive, Suite 20, Lexington, MA 02421

**FEE:** \$695 (all fees include binders)

#### **REGISTRATION INFORMATION:**

For more information, to check on availability, or to register, call Donna Kincaid at 781-861-3711, ext. 111 or email [dkincaid@ildlex.org](mailto:dkincaid@ildlex.org). Due to limited space, there is a 10 student maximum per class. Students will be registered on a first come, first served basis.

Classes fill up fast, so register early!

Students learn and practice strategies that will improve critical **executive function** skills necessary for success in school and beyond:

- Self-awareness
- Goal setting and motivation
- Organization and time management
- Long term planning
- Active reading and note taking
- Remembering
- Studying and test taking

Let us teach your child  
with ResearchILD's **SMARTS** Executive Function curriculum



**"Master Your Mind" Workshop  
Summer 2017 Sign-Up Form**

Date of Registration: \_\_\_\_\_ Please check: **Middle School** \_\_\_\_\_ or **High School** \_\_\_\_\_

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Grade entering in fall: \_\_\_\_\_ School: \_\_\_\_\_

Parents' Names: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Numbers: Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

E-mail address: \_\_\_\_\_

Please list any food allergies \_\_\_\_\_

How did you learn about this course? \_\_\_email \_\_\_ website \_\_\_ friend \_\_\_ professional \_\_\_ other: \_\_\_\_\_

**Please indicate your session choice below.**

**Middle School:** \_\_\_\_\_ **August 14-18 9:30-12**

**High School:** \_\_\_\_\_ **August 14-18 1:00-3:30** or \_\_\_\_\_ **August 21-25 9:30-12:00**

**PAYMENT:**

Cost: \$695

I am paying by:

**Credit Card:** \_\_\_\_\_  
(MC or Visa)

**Check** (made payable to ILD): \_\_\_\_\_

Type of card: \_\_\_\_\_

Card number: \_\_\_\_\_

Expiration date: \_\_\_\_\_

**Please send this form and the questionnaire with your payment to:**

Donna Kincaid  
ILD  
4 Militia Dr, Suite 20  
Lexington, MA 02421

Note: Students will be registered on a first come, first served basis. Due to limited space, there will be a maximum of 10 students per course. There must be a minimum of 6 students signed up for the workshop to occur. You will be contacted once the class is formed. For more information, call 781-861-3711, ext. 111 or e-mail Donna Kincaid at [dkincaid@ildlex.org](mailto:dkincaid@ildlex.org).

**Please answer the following questions to help us to learn more about your child.**  
You might be contacted for additional information about your child prior to the course.  
\*You may also request a parent consultation prior to the course for an additional fee.

What are your child's academic strengths?

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What does your child have difficulty with in school?

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Is your child receiving any services or accommodations in school or outside of school?

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What are your child's extra-curricular interests?

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Is there anything else you would like to tell us about your child?

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