

# 2010 Summer Programs

## For Students

- Master Your Mind
- Summer Sweets and Stats
- 5-Star Test-Taking: SAT, SSAT
- Sail Through Summer Reading
- Study Smart; Test Wise

## For Parents

### Parenting your EF-Challenged Student: Homework & Beyond

All the workshops can be combined with a series of individually-tailored, one-to-one educational therapy sessions to supplement or extend the strategies introduced.

Contact us today for more details!

*Transforming the Lives of Students with Learning Differences!*

## Summer Workshops for Children & Adolescents

This summer, ILD is once again offering several small-group workshops!

Our summer programs offer fun and innovative ways for students to bolster important academic skills while becoming strategic, confident, and successful learners.

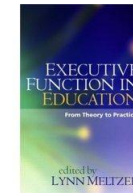
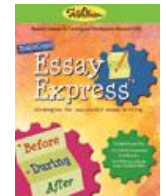
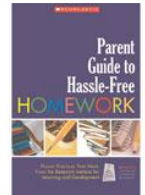
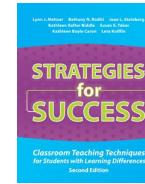
Would you like your upper elementary, middle, or high school child to:

- Approach studying & standardized test-taking strategically and with more confidence?
- Complete summer reading with greater ease while learning to become an active reader?
- Become more organized, goal oriented, and efficient?
- Approach writing and revision in a more strategic way?
- Strengthen foundational math skills for the upper grades?

*Summer is right around the corner...Sign up today!*

*Space is limited.*

## Our Recent Publications and Software:



*Coming Soon:*  
Promoting Executive Function in the Classroom

*Lynn J. Meltzer, Ph.D.*

*Director of Assessment & Research*

*Bethany N. Roditi, Ph.D.*

*Director of Education*

*For ILD staff, please check out our websites:*

[www.ildlex.org](http://www.ildlex.org), [www.researchchild.org](http://www.researchchild.org)

**For more information, please contact us:**

*Institute for Learning and Development*  
4 Militia Drive, #20, Lexington, MA 02421

**Tel: (781) 861-3711**

## MASTER YOUR MIND

High School: **Aug. 2 - 6, 2010 (1:00-3:30)**

**Aug. 16- 20, 2010 (1:00-3:30))**

- Students entering grades 9-11 will learn valuable executive function strategies for goal-setting, organizing, planning, note-taking, and studying.
- The award winning *Brain Cogs* software will be integrated with lessons taught by experienced ILD educational specialists.
- Students will leave with their own, personalized strategy notebooks to use throughout the school year.
- Cost: \$395.00
- *Contact: Donna Kincaid at (781) 861-3711 or dkincaid@ildlex.org*

## FOR PARENTS

### PARENTING YOUR EF-CHALLENGED CHILD: HOMEWORK AND BEYOND

**Session 1:** Overview of Executive Function: Common challenges and effective solutions.

**Session II:** Hands-on Problem-Solving  
Application of strategies to fit your family's situation. Leave with a personal repertoire of strategies.

- *Cost: \$210 (Spouse: \$150)*
- *Includes two 2 hr. sessions and materials, including the book A Parent Guide to Hassle-Free Homework (RILD 2007)*
- *For more information and summer dates, please contact:  
Dr. Judith Stein at 781-861-3711 ext. 30 or e-mail jstein@ildlex.org*

## 5-STAR TEST-TAKING: SAT/SSAT

*Crack the Case...Test taking doesn't have to be a mystery!*

**Aug. 23-26, 2010 (1:00-4:00PM)**

- Students entering grades 7-12 will learn five essential strategies for improving standardized test performance.
- Specific examples from standardized tests such as the SAT and SSAT/ISEE will be used.
- Students will have opportunities for guided practice, independent work, and group activities. They will leave with personalized strategy notebooks.
- Cost: \$595.00 (includes books & materials)
- Individual tutoring sessions available to reinforce the skills from the course.
- *Contact: Annemarie Cory at (781) 861-3711 or acory@ildlex.org*

## STUDY SMART; TEST WISE

*Strategize using Brain Cogs as your coach!*

**July 12, 13, 14, 2010 (1:00-4:00)**

- Students entering grades 6-8 will develop a working knowledge of proven studying and test-taking strategies that they can put to use for MCAS or school tests.
- Students will gain hands-on experience with *Brain Cogs* software. Through a series of guided steps, they will learn how to apply specific executive function strategies for remembering, organizing, prioritizing, shifting, and checking.
- At the completion of the course, each student will receive a summary of his/her preferred strategies.
- Cost: \$395.00
- *Contact: Andrew Porter at (781) 861-3711 or aporter@ildlex.org*

## SAIL THROUGH SUMMER READING

*Let reading take you on an adventure!*

**10, 1-hour sessions during July & August**

- Students entering grades 5-8 will sharpen essential executive function and active reading strategies.\*
- Working in small, collaborative groups with experienced ILD reading specialists, students will explore strategies and experience summer reading in a fun and exciting way.
- Students will read one book along with the group and apply newly learned reading strategies to a second book of their choice.
- Students will leave with two completed story maps and a personalized list of comprehension strategies!
- Cost: \$395.00
- *Contact: Kathy Button at (781) 861-3711 or kbutton@ildlex.org*

*\*Groups will be determined upon enrollment.*

## SUMMER SWEETS AND STATS

*Fractions, Decimals, & Percents, oh my!*

**July 19-23, 2010 (10:00-12:00)**

- Students entering grades 6-8 will enjoy food, games, projects, technology, and beneficial strategies for enhancing their understanding of part-whole relationships in order to make sense of fractions, decimals, and percents.
- Each student will leave with a strategy "survival guide" to use during the upcoming school year.
- Cost: \$395.00
- *Contact: Joan Steinberg at (781) 861-3711 or jsteinberg@ildlex.org*